Gottman Game of Hearts



INSTRUCTIONS:

- 1. Grab a standard 52-card deck and get cozy with your partner.
- 2. Shuffle the deck and pull a card.
- 3. Find your card below and follow the prompt.
- 4. Take turns pulling cards.
- 5. Repeat!



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FIVE:	FIVE:	FIVE:	FIVE:
Ask your partner what you can do to help them feel aroused.	Ask your partner what their favorite part of today was.	Ask your partner what they think their own best non-physical trait is and why.	Write a word on your partner's back with your finger and have them guess it.
SIX:	SIX:	SIX:	SIX:
Share a six-second kiss with your partner!	Share a six-second kiss with your partner!	Share a six-second kiss with your partner!	Share a six-second kiss with your partner!
SEVEN:	SEVEN:	SEVEN:	SEVEN:
Hold hands and gaze into each other's eyes for seven seconds.	Talk with your partner about one of the most romantic activities you've done together.	Ask your partner if they like their name, or if they would name themself something else.	Do your best character or celebrity impression.
EIGHT:	EIGHT:	EIGHT:	EIGHT:
Give your partner a massageanywhere they want.	Ask your partner to tell you about their favorite book or movie.	Ask your partner what they think your best characteristic is.	Tell your partner a knock-knock joke.
NINE:	NINE:	NINE:	NINE:
Tell your partner all the places on your body you liked to be kissed.	Name your partner's best friends and ask them if you're correct.	If you were to give your partner a nickname, what would it be? Share it with them.	Make up a secret handshake with your partner and practice it a few times.
TEN:	TEN:	TEN:	TEN:
Come up with a secret codeword for sex and use it next time you initiate!	Tell your partner what you think they were wearing when you first met.	Ask your partner how they think your relationship has grown in the past year.	Show your partner your best dance move.

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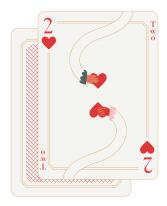




JACK: Tell your partner your favorite form of foreplay.	JACK: Ask your partner about their favorite hobby and why they enjoy it.	JACK: Tell your partner one thing about yourself you'd change and why.	JACK: Sing your partner a line from your favorite love song.
QUEEN:	QUEEN:	QUEEN:	QUEEN:
Have a quickie!	Ask your partner how you can make them feel more loved.	Ask your partner: if you could have one redo on anything in life, what would it be?	Have a tickle fight—the first to surrender loses!
KING:	KING:	KING:	KING:
Choose one item of clothing you want your partner to remove right now!	Ask your partner about their life goals and dreams.	Ask your partner: what 3 personality traits do you think are the most important to have?	Show your partner your hidden talent.

JOKER:

Do a sexy striptease or a silly dance, then draw again!



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